



# **SCHOOL OF KNOWLEDGE**

**(ST.MARY'S GROUP OF SCHOOLS)**



**PULSE OF SOK**

**TERM 1 -NEWSLETTER**

**FS 1 ,FS 2 AND YEAR 1**

# DIRECTOR'S MESSAGE

*Dear Students, Parents, and Staff,*

*As we reach the end of first term, I am filled with pride as I reflect on the incredible journey we've shared in this term. Our theme, "To Empower the Innovators for Tomorrow," has resonated deeply within our school community, driving every initiative, project, and lesson.*

*As we align ourselves with the UAE 2031 Vision, we have committed to fostering creativity, resilience, and a forward-thinking mindset in our students, equipping them with the skills they need to thrive in an ever-evolving world.*



*Throughout the term, we have witnessed remarkable innovations and breakthroughs from our students—each a testament to the boundless potential that lies within each of them. From engaging in STEM projects, sports meet, Scouts and Guides camp and club activities that have redefined what's possible, to art installations that challenge perceptions and push boundaries, our innovators have showcased their talents and creativity in inspiring ways.*

*We are honored to provide an environment that nurtures curiosity and experimentation. By placing a strong emphasis on collaboration and critical thinking, we have empowered our students to not only dream but also to create and innovate solutions for the challenges of tomorrow. Our partnerships with local organizations and businesses have further enriched their learning experiences, allowing them to engage with real-world issues and explore potential career paths as they work towards their futures.*

*As we look ahead, I encourage each of you to continue embracing the spirit of innovation that our school has fostered this year. Let us all remain committed to the UAE's vision for 2031, where we not only prepare ourselves for the future but also contribute meaningfully to the progression of our society and the world at large.*

*Thank you for your ongoing support and dedication. Together, we will continue to cultivate a community that empowers every learner to become an innovator, a leader, and a change maker.*

*Wishing you all a restful and rejuvenating break ahead, filled with inspiration and creativity.*

*Warm regards  
Sr. Bobina Soares  
Director*

# FROM THE PRINCIPAL'S DESK

*Dear Students ,Parents and Staff ,*

*As we reflect on this term, it is truly heartening to see the remarkable progress we have achieved together. Embracing challenges, celebrating successes, and reaching significant milestones in academics, personal growth, and extracurricular pursuits, our students have created a vibrant and dynamic learning environment. Their dedication and resilience are commendable as they explored new horizons and overcame challenges with determination. From engaging classroom activities and thought-provoking projects to inspiring assemblies, club initiatives, competitions, charity drives, inter-house sports events, and special celebrations, each experience has contributed to their holistic development. These activities have aligned seamlessly with our theme, "**Empowering Innovators for Tomorrow,**" fostering creativity, critical thinking, and leadership skills essential for future innovators.*



*As Arnold H. Glasow aptly said, "**Success is not the result of spontaneous combustion. You must set yourself on fire.**" This reminds us that success demands passion, hard work, and a commitment to growth.*

*To our staff, thank you for being the heart of our school. Your dedication, creativity, and care inspire our students every day. You are not only shaping young minds but also nurturing the values and skills that will guide them throughout their lives. To our parents, thank you for your support and partnership. Your involvement in your children's education and commitment to our values have been integral in nurturing a strong school community.*

*Looking ahead, let us continue setting ambitious goals aligned with the UAE Vision 2031, inspiring one another to strive for excellence. With our staff's dedication, our students' enthusiasm for learning, and our collective determination, we will reach even greater heights.*

*Wishing our students, parents, and staff a peaceful and joyous winter break. May this time with your loved ones refresh and prepare you for the next chapter of our journey together.*

*Thank you, and God bless!*

Ms. June Amanna  
Principal

## VICE PRINCIPAL'S MESSAGE

*Dear Students, Parents, and Staff,*

*As we wrap up our first term, I'd like to extend my gratitude to our students, staff, and families for a fantastic start to the school year. This term, we've embraced innovation, and learning from special events, including a visit from a dental team. Grand Parents'*

*Day, Eid - Al -Etihad, Teachers' Day investiture ceremony for the*

*future leaders in the making, and many more. Our students have shown remarkable enthusiasm and resilience, setting a strong foundation for the year ahead.*


*Thank you all for your dedication and support. Wishing everyone a refreshing break and looking forward to even greater achievements next term!*

*Warm regards.*

*Sr. Sarala Christí*

*Vice Principal*





**“School is a  
building which  
has four walls  
with tomorrow  
inside.”**

**LON WATTERS**

# SOK DAY



*Celebrating 34 years is a testament to SOK's dedication to education and the lasting impact the school had on its students and community. This anniversary not only honors the past but also inspires future generations to pursue excellence. Here's to many more years of growth and achievement!*



PULSE OF SOK

PULSE OF SOK



The **FS2** department joyfully celebrated SOK Day with enthusiasm and excitement. Every FS2 student took part in the main event virtually, ensuring full inclusion in this memorable day. A standout moment was the creative activity where students designed their own pencil-shaped bookmarks



Overall, the SOK Day was a memorable and joyous occasion for the FS2, leaving each student with a cherished reminder of their role in the school's growing legacy.





**Making memories one finger print at a time !**



# SOK FOUNDATION DAY

*In honor of SOK Foundation Day, our Year 1 students crafted a beautiful paper frame to look like the school gate. With focus and creativity, they coloured, decorated, and assembled their frames,*

*Capturing the spirit of our school in each piece, the children had a wonderful time bringing their ideas to life,*

*making it a truly memorable!*

**"Active minds, happy hearts."**





**EMPOWERING  
INNOVATORS  
FOR  
TOMORROW**



# PRIZE DAY

The annual Prize Day celebration was held on at September 9, 2024 honoring students for their academic and extracurricular achievements. The event featured an inspiring opening speech by [insert name], followed by the presentation of awards in various categories, including Academic Excellence and General proficiency. A motivational address from guest speaker encouraged students to pursue their passions, while performances by the school choir and dance troupe added to the festive atmosphere. Overall, the celebration successfully fostered school spirit and motivated students to continue striving for excellence.



PULSE OF SOK

PULSE OF SOK



# Glimpes of Prize day

PULSE OF SOK

PULSE OF SOK

## "Celebrate a Healthy Heart this World Heart Day – September 29!"



We celebrated World Heart Day with our Year 1 students by teaching them about heart health. The children enjoyed a fun colouring activity, where they coloured pictures of healthy foods and exercises. They learned that eating fruits, vegetables, and staying active helps keep their heart strong. It was a wonderful way to teach them the importance of heart health!



"Healthy Hearts, Happy Lives!"



# FS1 – Grandparents Day

*”Grandparents are the family’s strongest foundation.”*

**FS1** celebrated Grandparents Day on 1<sup>st</sup> October 2024 to honour the loving legacy of grandparents. It was a day filled with celebration and activities. The day started with a special assembly by Fs2 students that was followed by welcoming the grandparents to the class by presenting a badge. The grandparents took part in doing activities and spending time with their grandchild in the class. They made a card imprinting their thumbprints along with their grandchild. Grandparents enjoyed the day capturing pictures and creating memories. Later they joined for the celebration in the auditorium that was filled with beautiful performances and games. The grandparents enjoyed the day making memories that will last a lifetime.





Grandparents making card along with their grand child.



**"Framing a lifetime of love, wisdom,  
and cherished memories."**



**FS1 & FS2 Celebrated Grand parents' day on 01<sup>st</sup> October 2024, The show was inaugurated by a special assembly by the students of FS2 A followed by welcoming the grandparents in the class with a badge , An interactive art activity was organized where grand children and grandparents collaborated in creative projects. Later the grandparents took up the role of story teller to entertain the students After that lovely memories were created by capturing the moments in the class Subsequently more events were planned in the auditorium to delight them. Indeed, it was a blissful moment which made the audience elated and esteemed.**



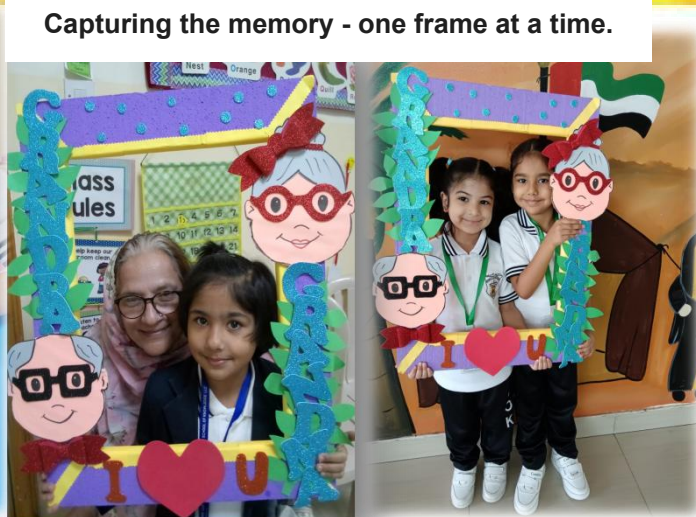
**Special Assembly by FS2- A**



**Warm Welcome to the guest(Grandparents)**



Activity Time



Story telling by Grandparents



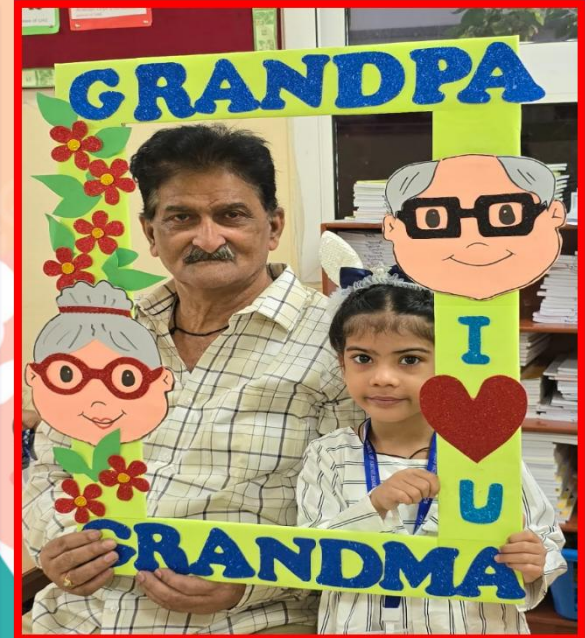
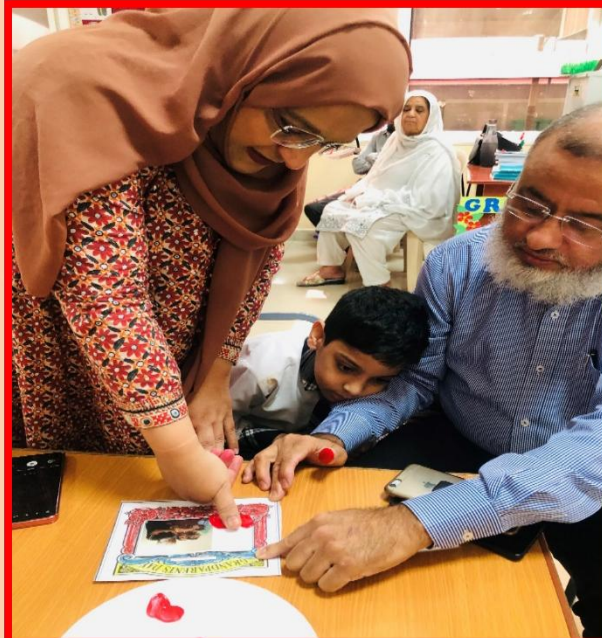
A moment captured is a moment cherished forever



Creating memories  
(memories are timeless treasures of the heart)

## "Grandparents' Day: A Day to Honour, Love, and Celebrate!"

On 1st October, Grandparents' Day was celebrated with great joy. Grandparents were invited to join us for the special event, and we had a wonderful time together. It started with a fun card-making activity where students created beautiful cards for their grandparents. Later, there was a delightful show performed by the children to honor the grandparents. It was a heartwarming day filled with love, laughter, and cherished memories.





Grandparents  
are the sprinkle  
of stardust  
that light up  
our lives.



"Grandparents: Our first  
teachers, our greatest  
supporters."

# FS1 WORLD TEACHER'S DAY

*On Thursday, 3rd October, the FS1 students celebrated Teacher's Day in a memorable and creative way. The students were provided with a worksheet featuring an outline of a heart shape, symbolizing their affection and appreciation for their teachers. As part of this special activity, they coloured the heart outline, adding vibrant hues to convey their love. To make the experience even more meaningful, the students participated in a collaborative thumb impression activity alongside their teacher. This interaction created a bond between the students and the teacher.*



**"Little Hands, Big Hearts"**



**Celebrating with Love, Colors, and Smiles!**



**Hands Together, Hearts United**





*Filling the day with joy and gratitude*



*Full of Love and Learning*



*Celebrating the incredible teamwork*

**On World Teachers' Day**, students celebrate their teachers on **3.10.24** by participating in a special activity. They expressed their gratitude by coloring beautifully designed "Thank You" cards. Each student poured their creativity into the cards, adding vibrant colours. They also created a flower bouquet with their handprint cutouts.



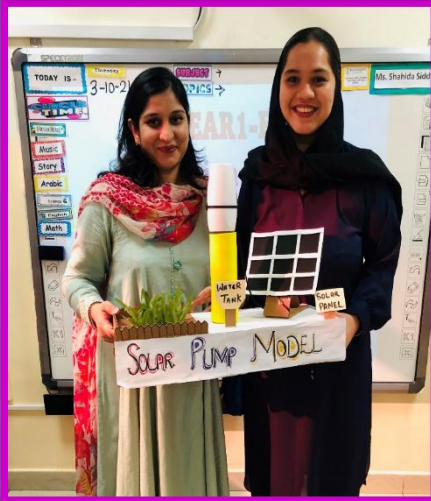


# "Creative hands, curious minds, and a whole lot of fun! Teachers' Day activities that spark joy!"

Year 1 students celebrated Teachers' Day on **3rd October**, with the wonderful support of their parents! Parents brought creative projects to present to the children, sharing valuable insights and adding to the excitement. The students enjoyed a joyful hand-painting activity, creating colourful memories together. The school expressed gratitude to the parents for their active involvement, making this celebration special and memorable for everyone.



# Teaching the little ones the value of gratitude! A special project by parents.



Together we  
give our  
children the  
roots to grow  
and the wings  
to fly.



# FS1 World Mental Health Day 10/10/24

"Listen to your heart."



Teachers performed puppet show to recognize the importance of mental well-being in the life. FS1 students observed Mental Health Day by showing their feelings through well being survey. This is dedicated to promoting mental health and well-being for



"Good thoughts make happy hearts."



# FS2 – World Mental health Day

"Your mental health is just as important as your physical health."

School of Knowledge embraces the World Mental Health day through a lot of activities. Green themed clothes were worn by the students with a Green ribbon pinned on the T-shirt. Feelings faces - Students created feelings chart with different faces showing various emotions. FS2 students even put up a heartwarming and thoughtful assembly to raise awareness about the importance of mental well-being. The assembly focused on teaching the simple ways to take care of their mental health, including practicing kindness, sharing emotions, and taking time to relax.





**make  
YOUR MENTAL  
HEALTH  
A PRIORITY;**



# YEAR1-WORLD MENTAL HEALTH DAY

## "Smiles Make Us Strong!"

On **October 10<sup>th</sup>**, Year 1 students celebrated Mental Health Day with a fun activity called "Smiley Face is a Happy Face." Each child made a smiley face to show what happiness means to them. It was a wonderful way for students to understand the power of a smile and how feeling happy helps us all!



"Hold this stick, breathe deep, and let go of your worries."



"Carry this stick as a symbol of balance and calm."

# FS1 – Global Hand Washing Day

Global Hand Washing Day is observed every year on October 15 to show the importance of hand hygiene to health. The students of FS1 also took part in observing this day with different activities. The teacher explained about the importance of hand washing to keep oneself healthy. She also demonstrated the steps to wash the hands. The students did a hand printing activity by dipping their palms in paints and later following the steps to wash their hands properly.



The teacher demonstrates the steps for hand washing.



Students dip their hands in paint to imprint their palm.



Student demonstrating the steps for hand washing.

# FS 2 - GLOBAL HAND WASHING DAY (15 - 10 - 2024)



Global Handwashing Day kicked off with a lively assembly where students gathered to learn about the benefits of washing their hands. We were privileged to have our school doctor, who demonstrated the correct handwashing technique. Doctor illustrated how to wash hands effectively, emphasizing the need to scrub for at least 20 seconds and the importance of doing so before meals and after using the restroom.

Students, in their classrooms conducted a STEAM activity using soap and black pepper to visualize how handwashing removes germs. When students sprinkled black pepper on water and then dipped their soapy fingers into it, they were amazed to see how the pepper (representing germs) moved away from the soap. The enthusiasm and creativity displayed by everyone were truly inspiring!



# GLOBAL HANDWASHING DAY

"Healthy Hands, Happy Lives – Let's Wash Together!"

On **October 15**, Year 1 students celebrated Global Handwashing Day with exciting activities focused on staying clean and healthy. Through hands-on activities, they learned the importance of washing hands properly. It was a fun and educational day to help everyone understand the power of good hygiene!



"Handwashing is Our Superpower Against Germs!"



**THE FIRST STEP TO  
BEING HAPPY IS TO  
HAVE "CLEAN HANDS"**



Galaxy S24 Ultra



**"SCRUB-A-DUB, RINSE  
AWAY—CLEAN HANDS ARE  
HERE TO STAY!"**



## **FS1 WORLD FOOD DAY**

On World Food Day (October 16, 2024), FS1 students attended an awareness session by the school doctor and FS coordinator on the importance of healthy food. As part of the event, the students were shown a PowerPoint presentation that further reinforced these lessons. The teachers conducted a food sorting activity, helping students distinguish between healthy and unhealthy foods. This activity helped students understand the importance of healthy food.



**Strong kids choose healthy snacks**



**Listen, learn, and grow healthy**



**Healthy choices, healthy lives**

## World Food Day activity



Watching a presentation on healthy food

## Listening to a food awareness session



## FS2- FIRELESS COOKING (FLAME FREE FEAST) 16/10/24

*FS2 organized a "Fireless Cooking" (Flame-Free Feast) event for their children on World Food Day, with parental involvement. The mothers showcased their creativity by preparing delicious fireless recipes for the children. A power point presentation was shown to the children on healthy food eating habits. Parental involvement was the highlight of the show, certificates of participation were presented to the participants. Overall, the event was a great success, providing a valuable learning experience for the children through parental involvement. Such events strengthen school-community partnerships, promoting holistic development.*







**"Nourish the Body, Feed the Future!"**

On **16<sup>th</sup> October**, Year 1 students had a wonderful time celebrating World Food Day! They brought in a variety of healthy fruits and vegetables to share with their friends. It was a fun way to learn about the importance of eating nutritious foods for a strong and healthy body. The children enjoyed seeing all the colourful snacks and discovering how these foods help them grow!



**Small Changes, Big Impact. We start eating healthy today!!!**



# FS1 Colours Day Hat Making Competition 24/10/24



"Creativity is intelligence having fun."

On Thursday, 24<sup>th</sup> October 2024, Colours day was celebrated with an enthusiastic hat making competition in FS1. This unique event brought together talented participants to showcase their creativity and innovation. Colour mixing experiment was also done with fun and joy. The event was organized with an aim to boost student's confidence and gain invaluable experience.



"Colors are the smiles of nature."



**"The greatest innovation is the ability to innovate."**

**"Creativity is thinking up new things. Innovation is doing new things."**



**"Let your true colors shine!"**

# FS2- COLOURS DAY CELEBRATION 24/10/24

## FS2 Bursts into a World of Colour

On 24th October 2024, FS2 celebrated Colours Day with joy and creativity. The day began with an insightful assembly by FS2-D, explaining the meaning of colors. Students then dove into a Colouring Competition, proudly showcasing their artistic skills. Next, they enjoyed a fun colour-themed exploration game around the classroom and outdoor spaces, adding to the excitement. The celebrations concluded with an engaging STEAM activity on mixing primary colors, sparking curiosity and wonder. It was a vibrant day of discovery, creativity, and colorful fun.





**COLOURS STEAM ACTIVITY**



**DANCE TIME**



**OUTDOOR AND INDOOR GAME**



**COLOURING COMPETITION**



## "YEAR1-Brushing Brightness into Our Colours Day!"

On 24<sup>th</sup> October, Year 1 students brightened their day with a Colours Day celebration! Using crepe paper, they crafted unique paintbrush cards, sticking on colourful pieces to make their designs shine. It was a fun-filled, creative experience that everyone enjoyed!



# FUN ACTIVITIES ON COLOUR'S DAY



*"Let the Games  
Begin in  
Every Colour!"*



*"Play, Win,  
and Paint the  
Day!"*

FS 2

# ASSEMBLY – GOOD MANNERS

07.11.2024

FS 2 F students conducted an engaging assembly focused on the importance of good manners. The students shared thoughtful speeches about kindness, respect, and polite behavior. Following the presentations, the supervisor led a discussion with the children, asking them about different good manners and their importance.



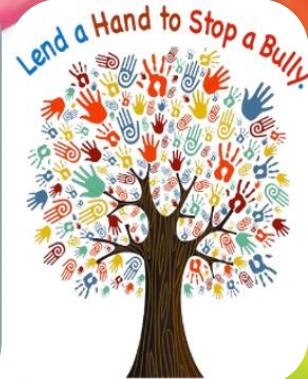
LET'S  
JUST  
BE  
KIND.  
STOP BULLYING



## FS1 ANTI BULLYING WEEK

FS1 Anti-Bullying Week was held from November 11<sup>th</sup> -14<sup>th</sup> 2024.

It aimed at instilling the values of kindness, respect, and empathy among students. A special presentation, enriched with simple words, colourful visuals, and relatable slides, introduced the concept of bullying. Teachers played an uplifting "Stop Bullying" song and shared a heartwarming story, teaching empathy and to treat everyone with respect. Students also coloured worksheets with kind words, which helped them to understand the power of kind words. The week was filled with engaging activities that helped students understand and prevent bullying.



Activity Time



These words are superpower



We are stronger together

## STORY TIME



Little feet, big moves



Small hands can make a big difference.



Guiding students to stand against bullying with knowledge.



## FS2- ANTIBULLYING WEEK 11.11.24 TO 15.11.24



FS2 students actively participated in Anti-Bullying Week under the theme *Choose Respect*. The week featured a colorful PPT on bullying prevention, a lively "Stop Bullying" rhyme, and a creative coloring activity promoting kindness.

The celebrations concluded with an FS2-G assembly, where students performed skits on addressing bullying behaviors. These activities instilled empathy, respect, and empowerment, encouraging students to stand against bullying and support one another.



## ENGAGING AND INFORMATIVE ANTI-BULLYING PRESENTATION



## ANTIBULLYING SONG

## COLOURING ACTIVITY

# YEAR 1 Antibullying Week 11/11/24-14/11/24

Year1 marked Anti-Bullying Week with a series of meaningful activities designed to promote kindness, respect, and inclusion among students. The day began with a morning assembly, Classroom sessions were filled with engaging discussions, role-playing activities, and collaborative art projects, all focused on understanding the impact of bullying



# FS1 CHILDREN'S DAY WEDNESDAY 20/11/24



**World Children's Day was celebrated with great enthusiasm and joy by the FS1 students. The day was filled with fun games and activities. Students had fun time playing different games organised by the parents in the toddlers paradise. It was great to see parents enjoying themselves, and keep the fun going. Headbands were also given to the students and the students enjoyed their day by grooving to their favourite music.**



"At the end of the day, the most overwhelming key to a child's success is the positive involvement of parents."

Jane D. Hull

**"A day to honor and cherish our children. Happy Children's Day!"**



"Hand in hand, we grow and learn. Happy Children's Day!"



**THANK YOU CARDS**  
for parents

Expressing gratitude and appreciation..



# FS2 – World Children's Day

At School of Knowledge the students of **FS2** had a wonderful time celebrating **World Children's Day**! The day was packed with fun activities, exciting games, and a special treat—a movie time with popcorn that brought big smiles to little faces. The little ones enjoyed laughter-filled moments, teamwork, and creativity. To make the day extra special, each child took home a beautifully crafted photo frame as a takeaway keepsake of the celebration. It was truly a day to cherish the happiness with a joyful celebration of childhood and all its wonders on World Children's Day!



## FS2 – World Children's Day



# CELEBRATING WORLD CHILDREN'S DAY

**NOV 20, 2024 - YEAR 1**

**Run, jump, giggle – it's  
your day!**



## Highlights of the Day

Children's Day serves as a reminder to create a safe, nurturing, and empowering environment for every child to thrive and reach their full potential. Students immersed themselves in creative art, lively storytelling, dance, and interactive plays, making the day both entertaining and enriching.



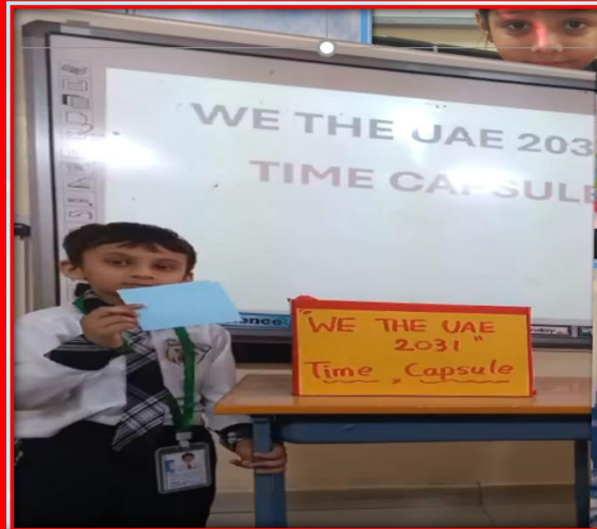


The celebration fostered a sense of togetherness, encouraging children to laugh, learn, and create beautiful memories that would last a lifetime.



## We the UAE 2031 'Vision'

The UAE's ambitious vision for the future, We the UAE 2031, is a comprehensive national strategy designed to elevate the nation's global standing and improve its citizens' and residents' quality of life. In Year 1, various activities were conducted to align with this vision, including yoga practice, a quiz, the 'My Superhero' activity, and UAE storytelling.



# FS1- FIELD TRIP-Visit to the Fire Station



*'Field Trips bridge the gap between theory and reality fostering a deeper understanding that stays with the students forever.'*

The students of **FS1** had the opportunity to visit the **Fire Station** on **7.11.2024, Thursday**. The field trip was organised with an aim to give students an interactive and memorable learning experience.

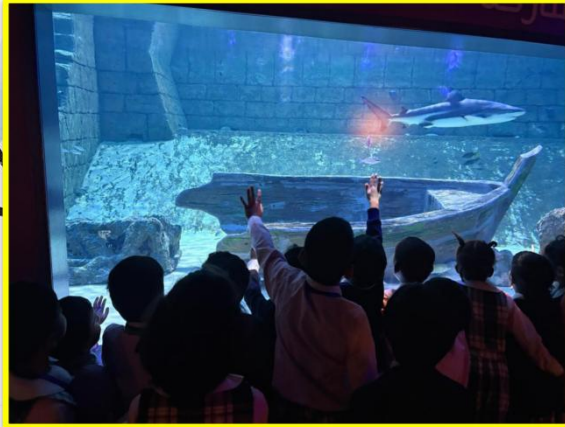
The students got the chance to meet, talk to the firefighters, and walk around the fire station. The students had a hands-on experience of seeing and touching the different fire equipment and also got information on safety precautions during the fire from the fire personnel. It was indeed a day of fun and learning for the students.



# FS2 Field Trip to the Sharjah Aquarium



On Tuesday, 19th November 2024, FS2 students embarked on a field trip to the Sharjah Aquarium. They explored marine life, learned about sea animals, and discovered different ecosystems. It was a fun and educational experience for everyone!



# YEAR1-EDUCATIONAL FIELD TRIP

## SHARJAH DESERT PARK

To provide hands-on experiences that enhance classroom learning, the YEAR1 department conducted a school educational field trip to Sharjah Desert Park on the 11<sup>th</sup> and 14<sup>th</sup> of November. It was a fun-filled day for exploring nature and enhancing their classroom learning about living things and different kinds of animals.

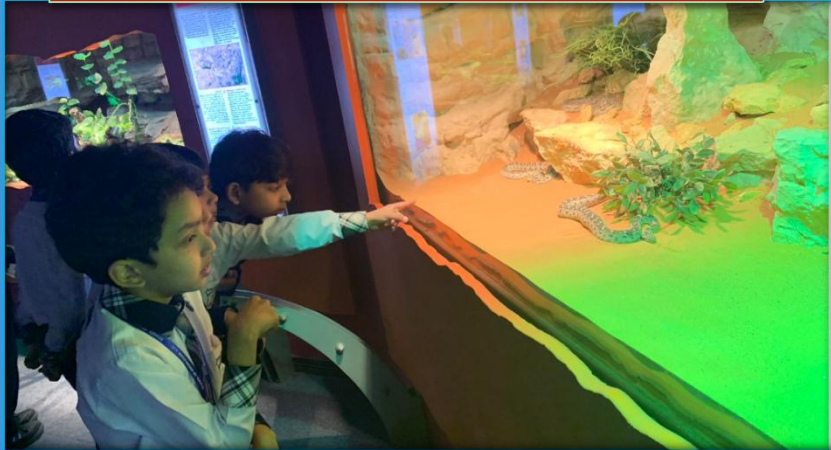


**A FIELD TRIP BECOMES AN AUTHENTIC AND RICH LEARNING EXPERIENCE FOR ALL STUDENTS.**



Little Hands, Big Smiles:  
Feeding Fun at the Farm.

"Adventure  
Awaits: Let's  
Explore, Learn,  
and Grow!"



عيد الاتحاد  
EID AL ETIHAD

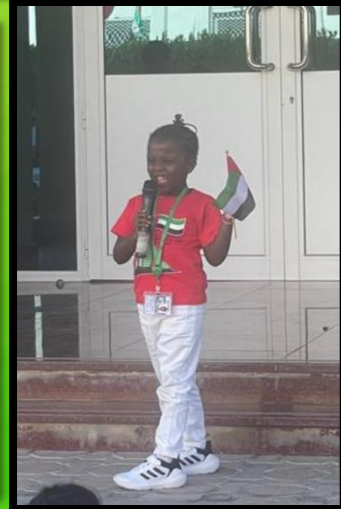


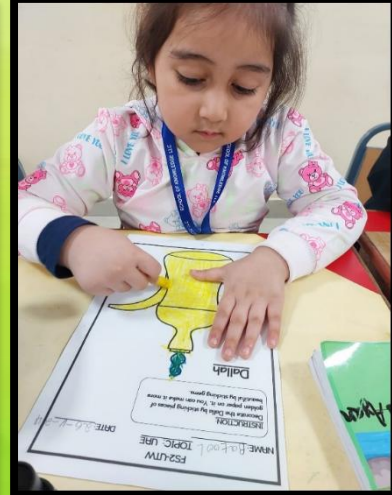
As part of the 53rd UAE National Day celebration, now called Eid Al Etihad, a special Assembly was conducted showcasing the importance of the Day. Along with a take away activity, students also made UAE symbols to bring out the Best out of Waste. They also enjoyed singing and grooving to UAE songs.



## FS2 - UAE NATIONAL DAY ASSEMBLY (27/11/2024)

FS2-E students held a special assembly for UAE National Day, celebrating with the theme "Today for Tomorrow," focusing on sustainability, speaking on the UAE symbols, the 7 emirates and the great leaders of UAE. The students of FS2 also performed a dance on Arabic beats after the assembly. Our Director Sr. Bobina, Principal Mrs. June Amanna, Vice Principal Sr. Sarala, Coordinator Mrs. Ulfath Aslam and all the FS1 and FS2 students and teachers attended the assembly. The teachers organized a special "Best Out of Waste" activity for the FS2 children. The UAE National Day Assembly made a lasting impression on the school community, highlighting the blend of cultural pride and environmental responsibility.





## YEAR 1 CELEBRATING UAE NATIONAL DAY WITH GLORY AND UNITY

The UAE National Day celebrations in Year 1 were filled with joy and excitement. The children proudly wore traditional clothes, waving flags to honor the country's heritage. They sang patriotic songs and enjoyed fun activities, learning about the nation's history. It was a day of unity, pride, and celebration for the young hearts!





From the Sand of our  
deserts to the  
heights of our dream  
The UAE inspires the  
world.  
Happy National Day!





From the Sand of our  
deserts to the  
heights of our dream  
The UAE inspires the  
world.  
Happy National Day!





**Decorating the hats of Snowman**



**Special activity – Rocking snowman**

## **Well-being**

**17<sup>TH</sup> DECEMBER 2024(TUESDAY)**

FS2 held a lively End-of-term class party, brimming with laughter, games, and enjoyable activities. The day kicked off with a craft session where the children showcased their creativity by decorating snowman hats. This was followed by a fun round of musical chairs. Later, they enjoyed snacks together, and created cherished memories by posing for pictures with their teachers and friends. The day ended with happy smiles, fostering friendships and joy.



**Rock and roll**



**Game – Musical chair**

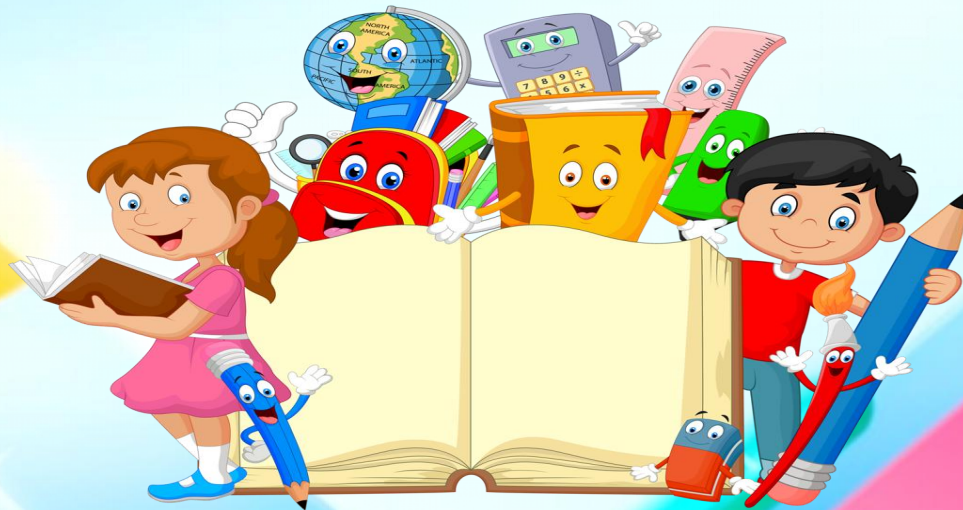
## “ Wrapping Up Term 1 with Fun and Creativity – Well-being of students!

The Year 1 Term 1 class party was held on December 17th, marking the end of a successful term. The children enjoyed a fun-filled celebration, where they participated in a creative penguin card activity. Each student crafted their own unique penguin card, showcasing their artistic skills. It was a delightful way to wrap up the term with joy and creativity!



# ASSEMBLIES

*"Together We Learn, Grow, and Inspire!"*



# YEAR1- A - ASSEMBLY

## WORLD MENTAL HEALTH DAY

The Year 1A class held an assembly to commemorate World Mental Health Day, on 10/10/2024 focusing on promoting awareness and understanding of mental health among young students, and Educate students about mental health and well-being.

Promote Kindness and Empathy, Encourage friendly interactions and understanding among peers, Foster Open Communication: Teach students to express their feelings and listen to others.



## YEAR 1B-Global handwashing day assembly

**Good handwashing habits not only keep us healthy but also promote a culture of cleanliness and care for others this message was conveyed by the Year 1B class and the school doctor to all present for the assembly.**

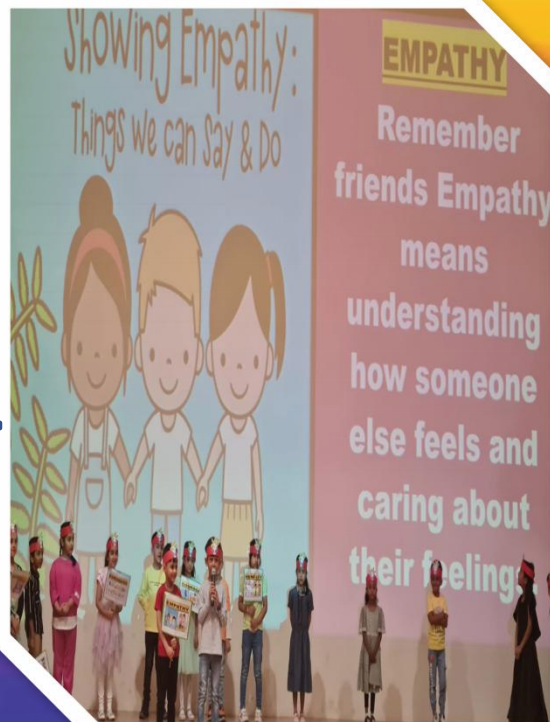


# YEAR 1 C

# ASSEMBLY- MORAL VALUES.

# 24-10-2024

Year 1 C students conducted an appealing assembly focused on the significance of moral values to cultivate and reinforce positive ethical principles and behaviors within individuals or a community. This process often seeks to build a strong moral foundation by encouraging values like empathy, integrity, respect, responsibility, fairness, and kindness.



# Assembly: YEAR1 D

## Don't Waste Food Save The Planet.

Assembly was Presented by Year1D where they spoke on how they can stop food wastage and save this planet. Students spoke on the Sustainable Development Goal 2 'Zero Hunger' Also keeping in mind the We the UAE 2031 vision students explained how we can achieve different goals by 2031.



# Kindness is Timeless, let's choose "Respect, Empathy, and Unity Together" We can Stand strong against bullying.



On November 14, Year 1 E held a special assembly on bullying, focusing on "Choose Respect." Students learned about showing respect through kindness, civility, and concern, and treating others how they would like to be treated. Madam Ulfath's empowering speech ended the assembly, and the class was praised for their performance.



## YEAR1 G ASSEMBLY ON SCREEN TIMING AND DIGITAL WELLBEING

The assembly held on December 5th focused on screen time and digital well-being. Children learned about the advantages and disadvantages of screen use and its impact on health. They also explored alternatives like reading, outdoor play, and creative activities to reduce screen time. The assembly encouraged them to find a healthy balance for a better lifestyle.



# YEAR 1 H- ASSEMBLY

## EID -AL- ETIHAD ; UAE NATIONAL DAY

Year 1 H celebrated UAE National Day with a vibrant assembly showcasing students' talents and love for the nation on 28/11/2024. The program included songs and speeches highlighting the UAE's achievements, heritage, and vision of 2031. Students dressed in national colors reflected unity and pride. The event concluded with a cultural dance and cheers for the UAE.



THANK  
YOU!

