

School of Knowledge
(St. Mary's group of schools)



Newsletter

Year 5-9

(2025-26)





A NOTE FROM OUR DIRECTOR SISTER BOBINA

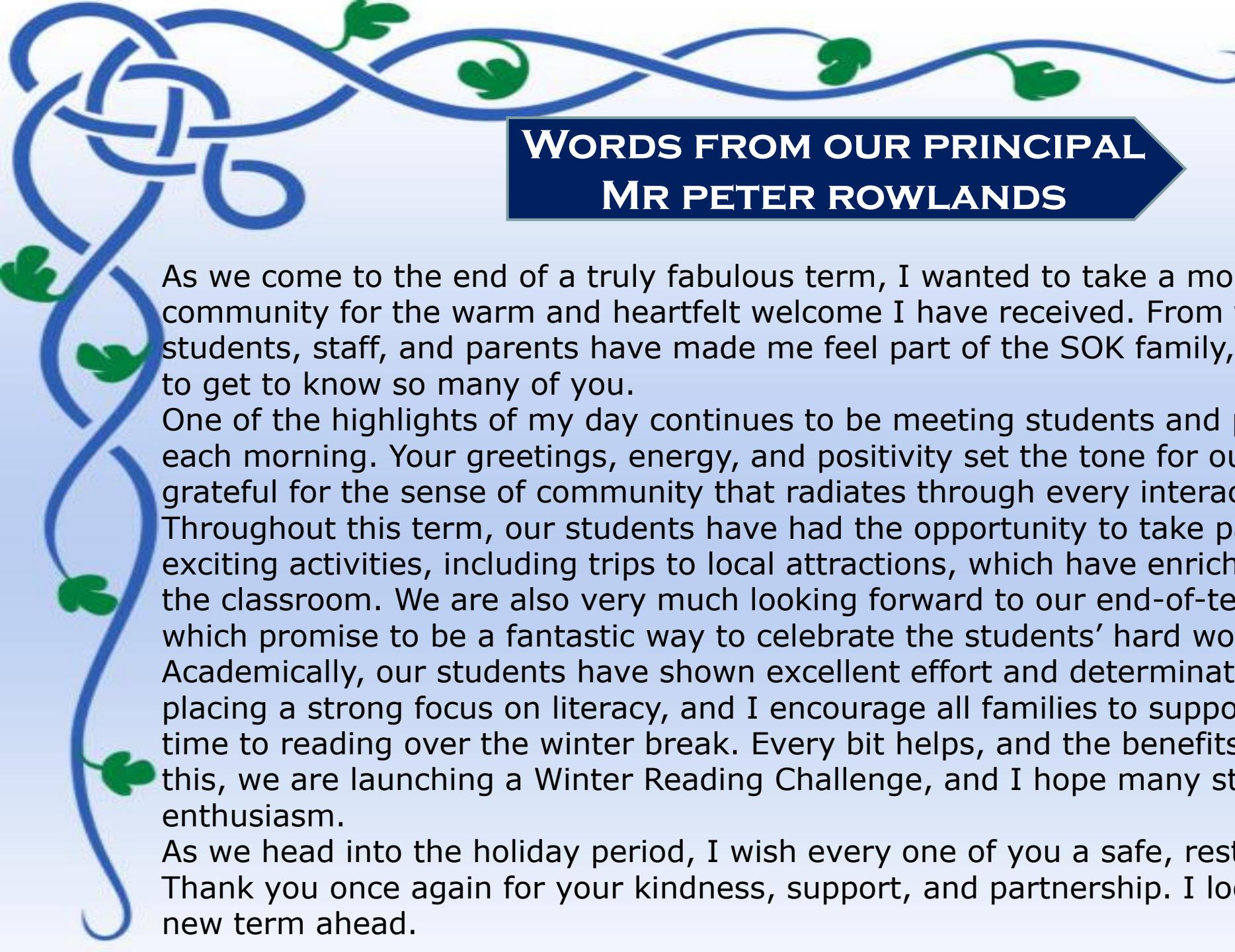


As we reach the end of the first term, I extend my heartfelt appreciation to all our students, staff, and parents for their continued commitment and collaboration. This term has been a meaningful journey of learning, growth, and achievement, all guided by our theme for the year — *"A Skilled Generation for a Flourishing Society."*

Our focus has been on nurturing the skills that empower our students to become confident, responsible, and compassionate individuals — skills that go beyond academics and prepare them to contribute positively to society. From classroom learning to creative projects, leadership opportunities, and community outreach, every experience has helped our learners take one step closer to becoming future-ready citizens.

Let us continue to work together with renewed energy and shared purpose. Our collective goal remains to equip our learners with the competencies and values necessary to contribute productively to a rapidly evolving global society. May we keep inspiring our students to use their knowledge and talents to build not only successful careers but also a better, flourishing world for all.

Wishing everyone a restful and joyful winter break.



WORDS FROM OUR PRINCIPAL MR PETER ROWLANDS



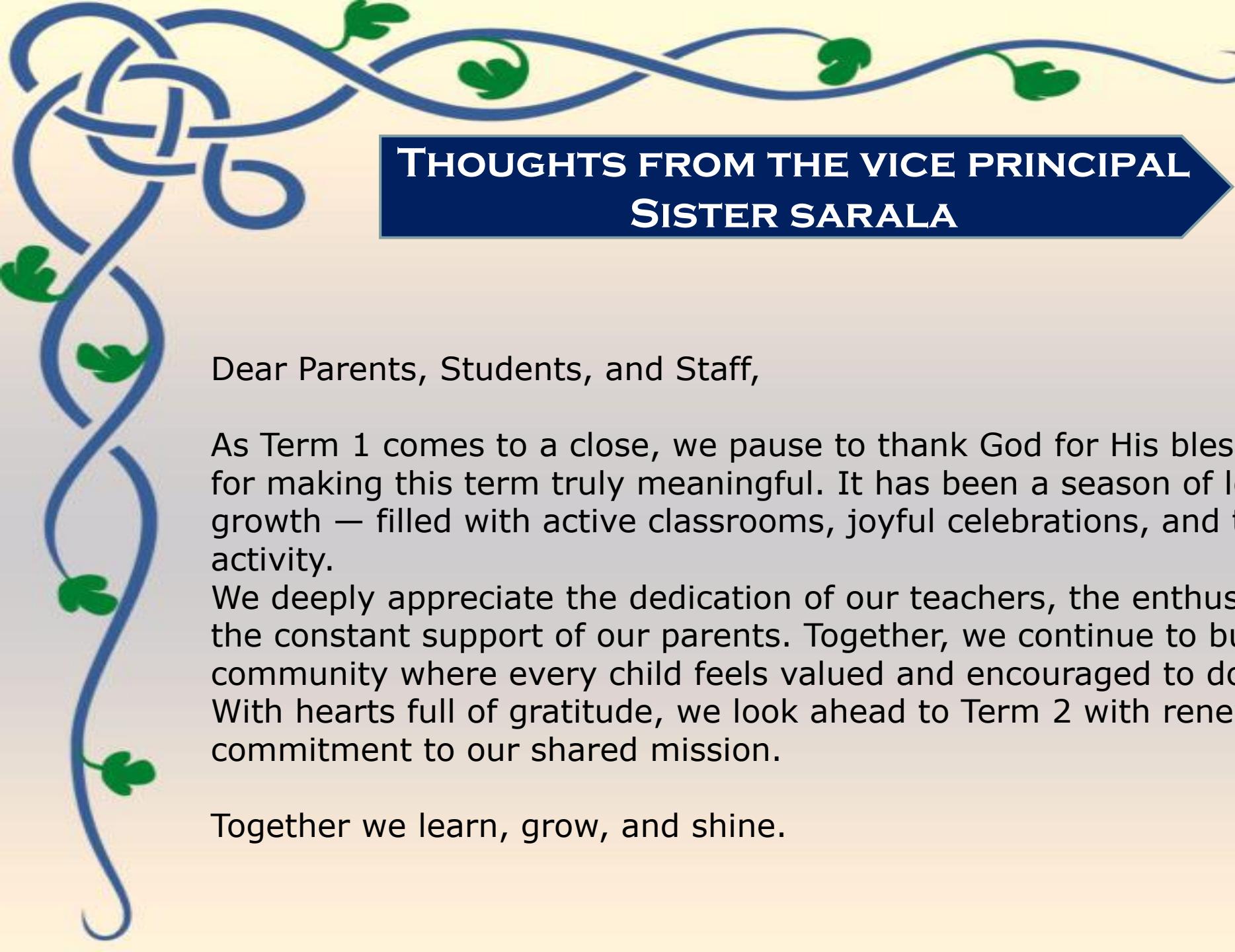
As we come to the end of a truly fabulous term, I wanted to take a moment to thank our entire community for the warm and heartfelt welcome I have received. From the very first day, our students, staff, and parents have made me feel part of the SOK family, and it has been a privilege to get to know so many of you.

One of the highlights of my day continues to be meeting students and parents at the front gate each morning. Your greetings, energy, and positivity set the tone for our whole school, and I am grateful for the sense of community that radiates through every interaction.

Throughout this term, our students have had the opportunity to take part in a wide range of exciting activities, including trips to local attractions, which have enriched their learning beyond the classroom. We are also very much looking forward to our end-of-term trips to Abu Dhabi, which promise to be a fantastic way to celebrate the students' hard work and successes.

Academically, our students have shown excellent effort and determination. This year, we are placing a strong focus on literacy, and I encourage all families to support this by dedicating some time to reading over the winter break. Every bit helps, and the benefits are enormous. To support this, we are launching a Winter Reading Challenge, and I hope many students will take part with enthusiasm.

As we head into the holiday period, I wish every one of you a safe, restful, and joyful winter break. Thank you once again for your kindness, support, and partnership. I look forward to an exciting new term ahead.



THOUGHTS FROM THE VICE PRINCIPAL SISTER SARALA



Dear Parents, Students, and Staff,

As Term 1 comes to a close, we pause to thank God for His blessings and each one of you for making this term truly meaningful. It has been a season of learning, laughter, and growth — filled with active classrooms, joyful celebrations, and teamwork in every activity.

We deeply appreciate the dedication of our teachers, the enthusiasm of our students, and the constant support of our parents. Together, we continue to build a caring school community where every child feels valued and encouraged to do their best.

With hearts full of gratitude, we look ahead to Term 2 with renewed hope, joy, and commitment to our shared mission.

Together we learn, grow, and shine.

Reflections

Kudos, we have reached the end of Term 1, and it's the perfect time to pause and think about all the wonderful moments we've shared. What a busy and exciting term it has been! From fun lessons and creative projects to special events and new friendships, our students have truly made this term one to remember. We've seen so much growth — in learning, confidence, and teamwork. Our teachers have worked hard to make each day meaningful, and our students have shown curiosity, kindness, and enthusiasm in everything they do. As we look ahead to Term 2, let's carry forward the same positive spirit, eagerness to learn, and joy that made Term 1 so special. Until then, we wish everyone a happy and restful break!

Editorial Board

Ms Nadia

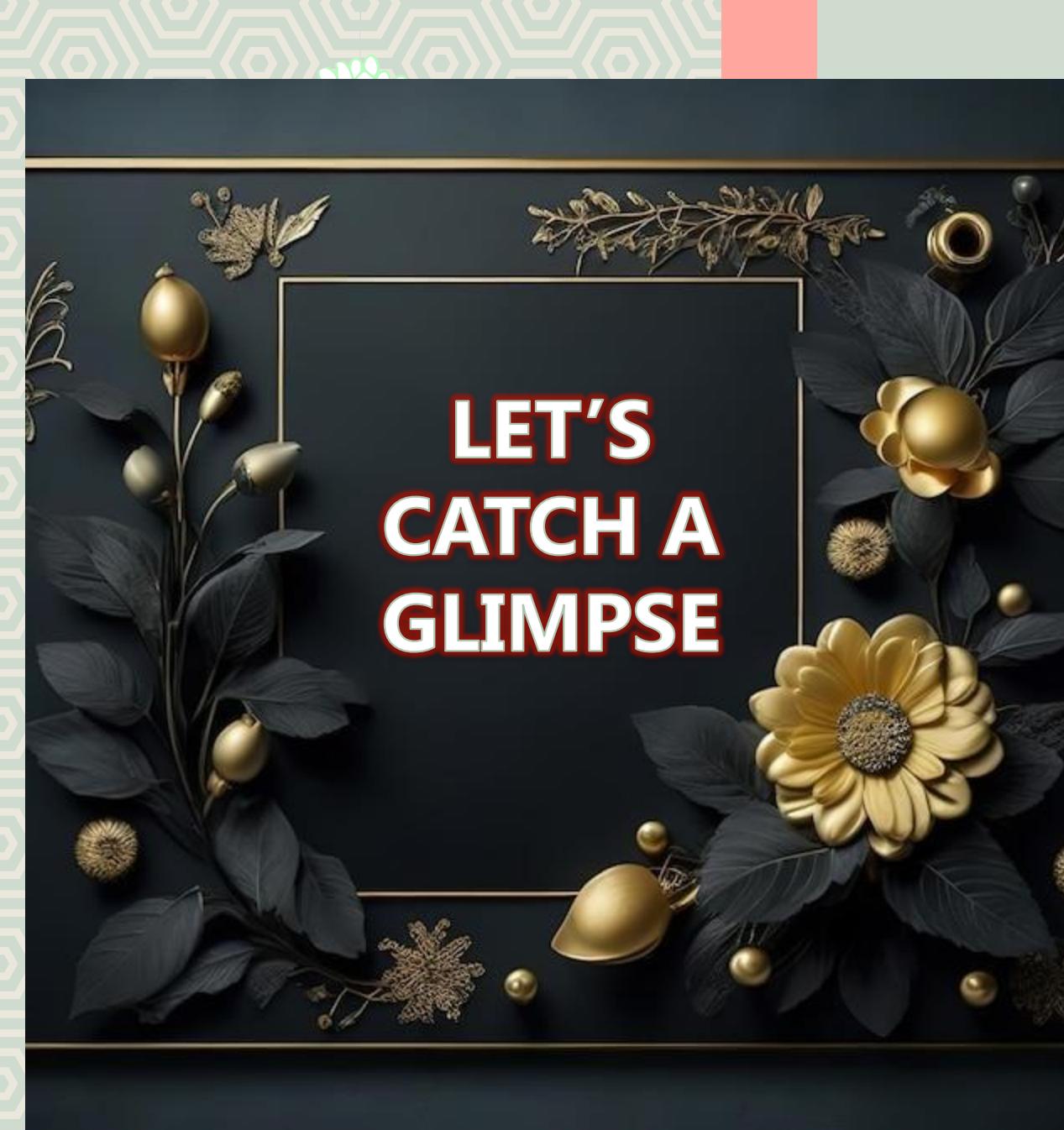
Ms Suheir

Ms Farida

Ms Najwa

Ms Shahida

*Ms Rochelle/
Ms Nairouz*

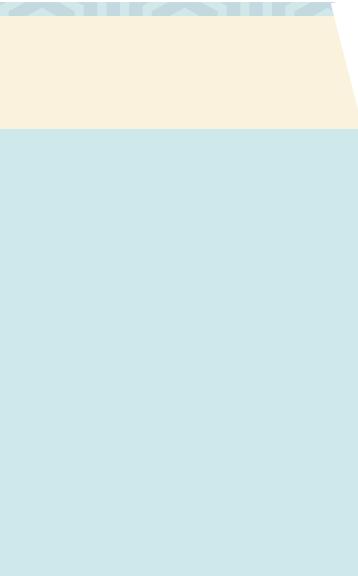


LET'S
CATCH A
GLIMPSE

Let's explore
and grow
together!

Our students from Year 5 to Year 9 continue to inspire us with their curiosity, creativity, and hard work. They embrace learning, support one another, and show kindness and responsibility every day. Their energy and dedication make our school a vibrant and positive community.





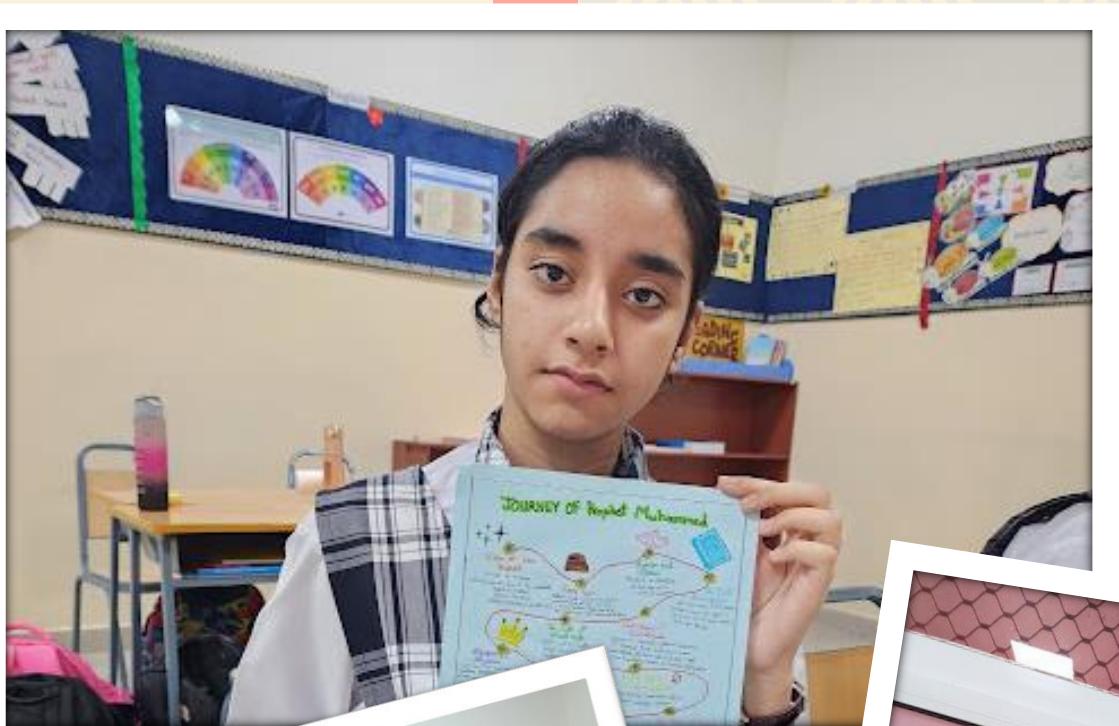
Students celebrated 12 Rabi-ul-Awal, the blessed birth anniversary of Prophet Muhammad (PBUH), with activities that highlighted his teachings of kindness, compassion, and respect. The day encouraged reflection, gratitude, and understanding of the Prophet's noble character.



Honoring the Beloved Prophet (PBUH) with Badges.

The Blessed Day of 12th
Rabi-ul-Awwal for Muslims
Around the World





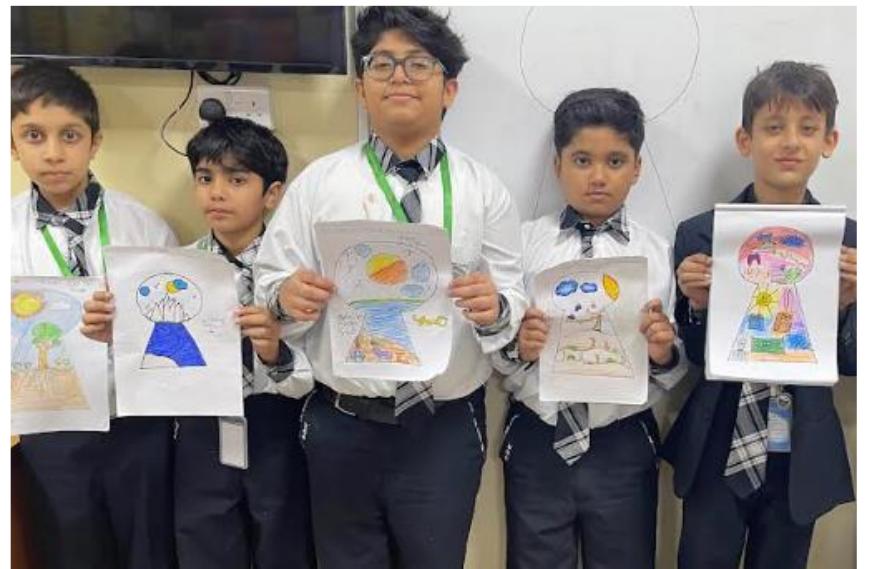
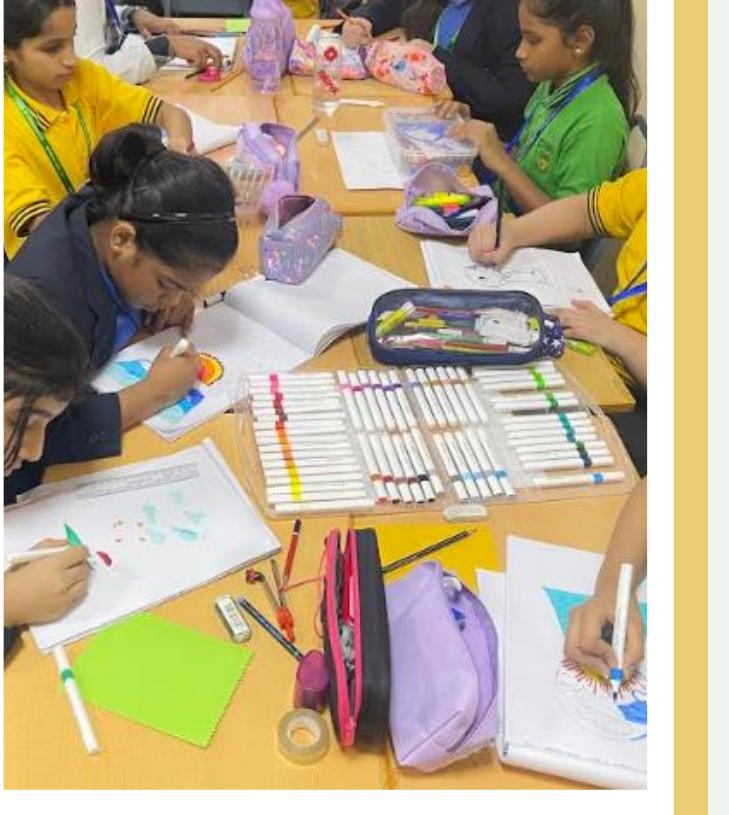
Students proudly showcased their projects and artwork on 12 Rabi-ul-Awal, reflecting the teachings and life of Prophet Muhammad (PBUH). Their work highlighted values of kindness, compassion, and respect.



Colour Splash Activity

Students had a blast during the Colour Splash Activity, exploring creativity and teamwork while adding vibrant hues to their projects. The event celebrated self-expression and joyful learning!

The Colour Splash Activity brought energy and excitement to the school as students collaborated to create colorful masterpieces. It was a fun-filled way to encourage imagination and creativity.



Bright colors and happy faces filled the school during the Colour Splash Activity. Students expressed themselves freely while learning the importance of creativity and collaboration.



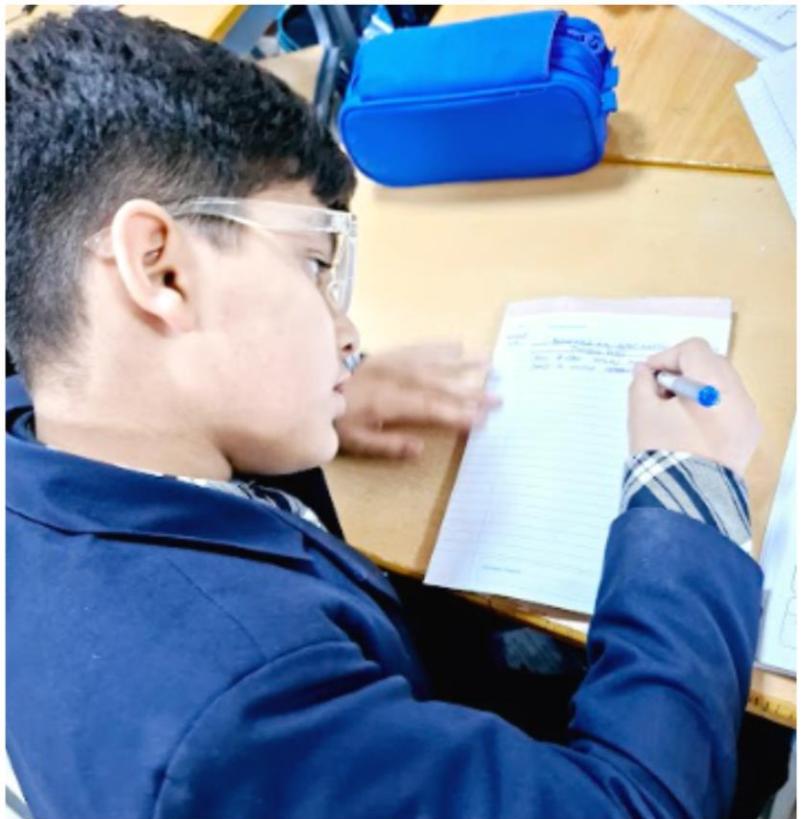


Handwriting competition

Students showcased their neatness and precision in the Handwriting Competition. It was wonderful to see such focus, dedication, and pride in every carefully written word.

Handwriting competition

The Handwriting Competition encouraged students to demonstrate clarity, creativity, and attention to detail. Everyone put their best pen forward!





WORLD HEART DAY

Students participated in activities for **World Heart Day**, learning the importance of a healthy heart through fun exercises and awareness sessions. The day promoted fitness, nutrition, and heart-friendly habits.



World Mental Health Day



In honour of **World Mental Health Day**, students dressed in green to show their support for mental health awareness. The celebration promoted positivity, empathy, and the importance of maintaining a healthy mind.



To mark **World Mental Health Day**, Year 7 students proudly wore green to raise awareness about mental well-being. The day served as a reminder to be kind, compassionate, and mindful — towards ourselves and others.

Worry Monster



Students participated in the creative “Worry Monster” activity as part of World Mental Health Day celebrations. They wrote down their worries and fed them to the friendly monsters, learning that sharing and expressing feelings can help lighten the mind. The activity encouraged positivity, emotional awareness, and self-care among students.



Our school community turned shades of green to celebrate **World Mental Health Day**. The activity encouraged open conversations about emotional well-being and promoted the message that “it’s okay not to be okay.”



What is Mental Health?

Mental Health is the state of emotional, psychological and social well-being on how we think, feel and act to any situation.

Mental health affects how we think, feel and act. It also affects our everyday life, such as our relationships and work.



*Students and staff came together to celebrate **World Mental Health Day** by wearing green – the colour of hope, strength, and support. The event highlighted the importance of caring for our minds just as we care for our bodies.*



Students from Year 7 turned numbers into fun during the Math Relay Race! With enthusiasm and teamwork, they tackled each problem with confidence and a competitive spirit.

Math Relay Race



Students enthusiastically participated in the Math Relay Race, showcasing their teamwork, problem-solving skills, and quick thinking. It was wonderful to see learning and fun go hand in hand!

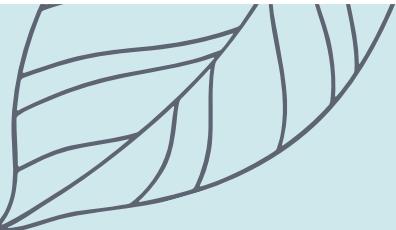


The Year 7 Math Relay Race brought energy and excitement to the classroom as students raced to solve challenging math problems. Collaboration and strategy were the keys to success!





Morning Assembly **Growth mindset**





Teacher's day Celebration



UAE FLAG Day



To celebrate **UAE Flag Day**, all students came together and proudly stood in formation to create the UAE flag. The activity reflected unity, respect, and love for the nation as students proudly honoured the national colours.



In honour of UAE Flag Day, students gathered to form the shape of the UAE flag, showcasing patriotism and national pride. The moment beautifully symbolised unity and the spirit of the nation.



ANTI-Bullying Week

Our school marked **Anti-Bullying Week** with engaging activities and discussions that promoted empathy and friendship. Students learned the importance of speaking up and standing strong together.

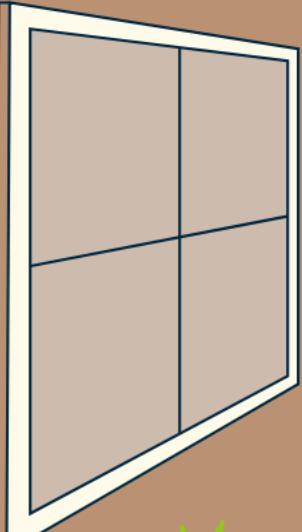
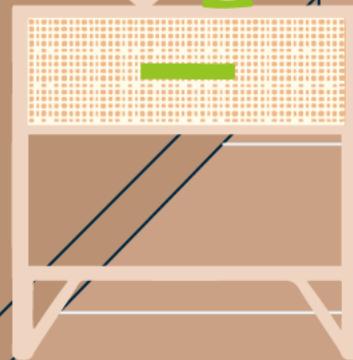


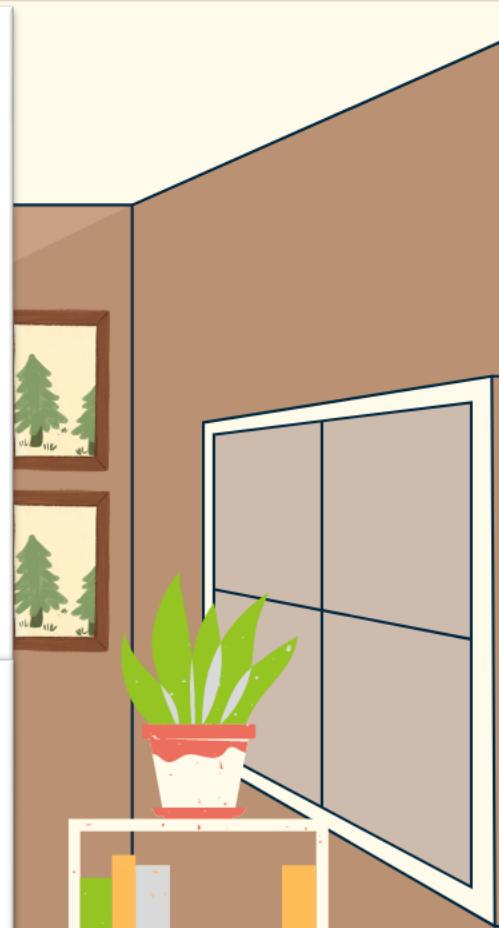
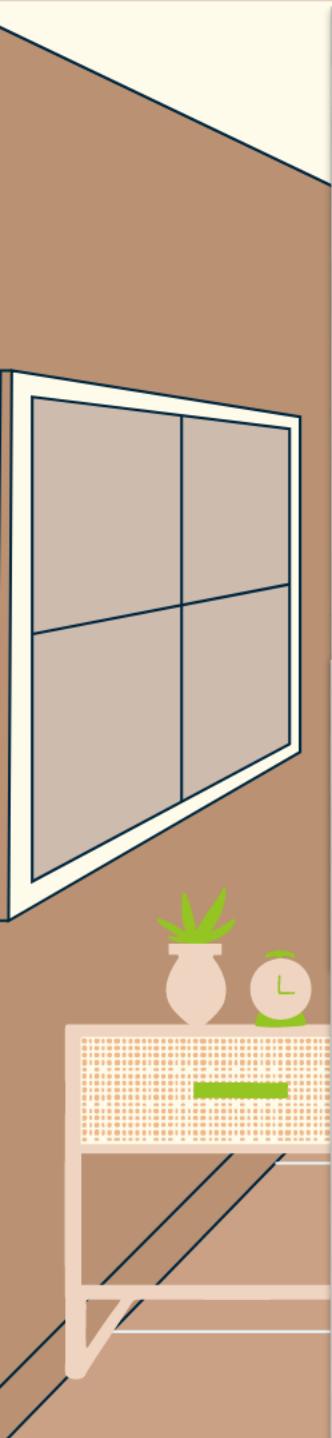


Poster Making competition
6th November

اللَّهُمَّ إِنِّي
أَنْعَمْتُ عَلَيْهِ
مَا مَرِيَتْنِي
وَمَا مَرِيَتْنِي
أَنْعَمْتُ عَلَيْهِ
مَا مَرِيَتْنِي

أَنْعَمْتُ عَلَيْهِ
مَا مَرِيَتْنِي





ورش العمل التطويرية

Development workshop



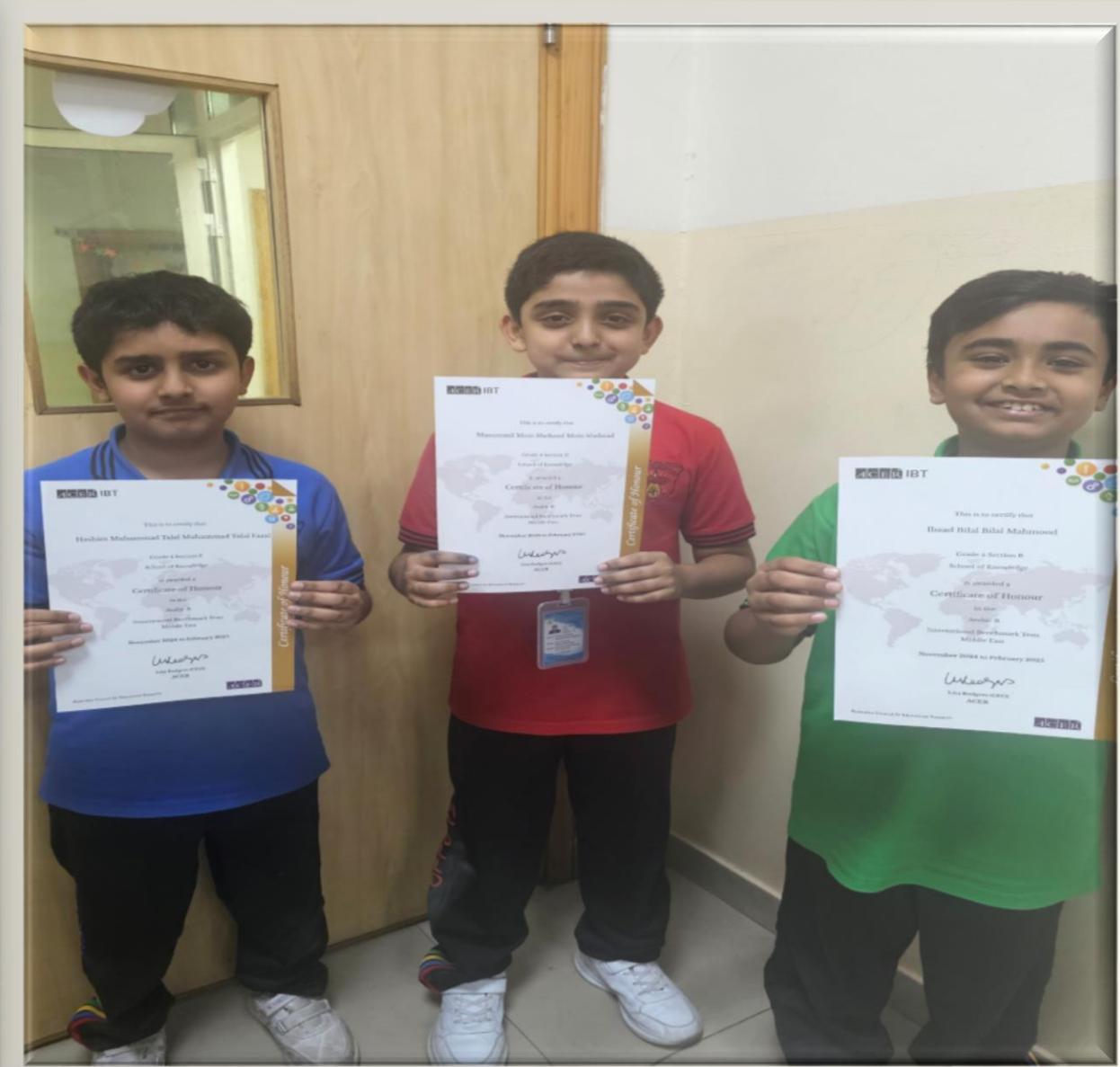
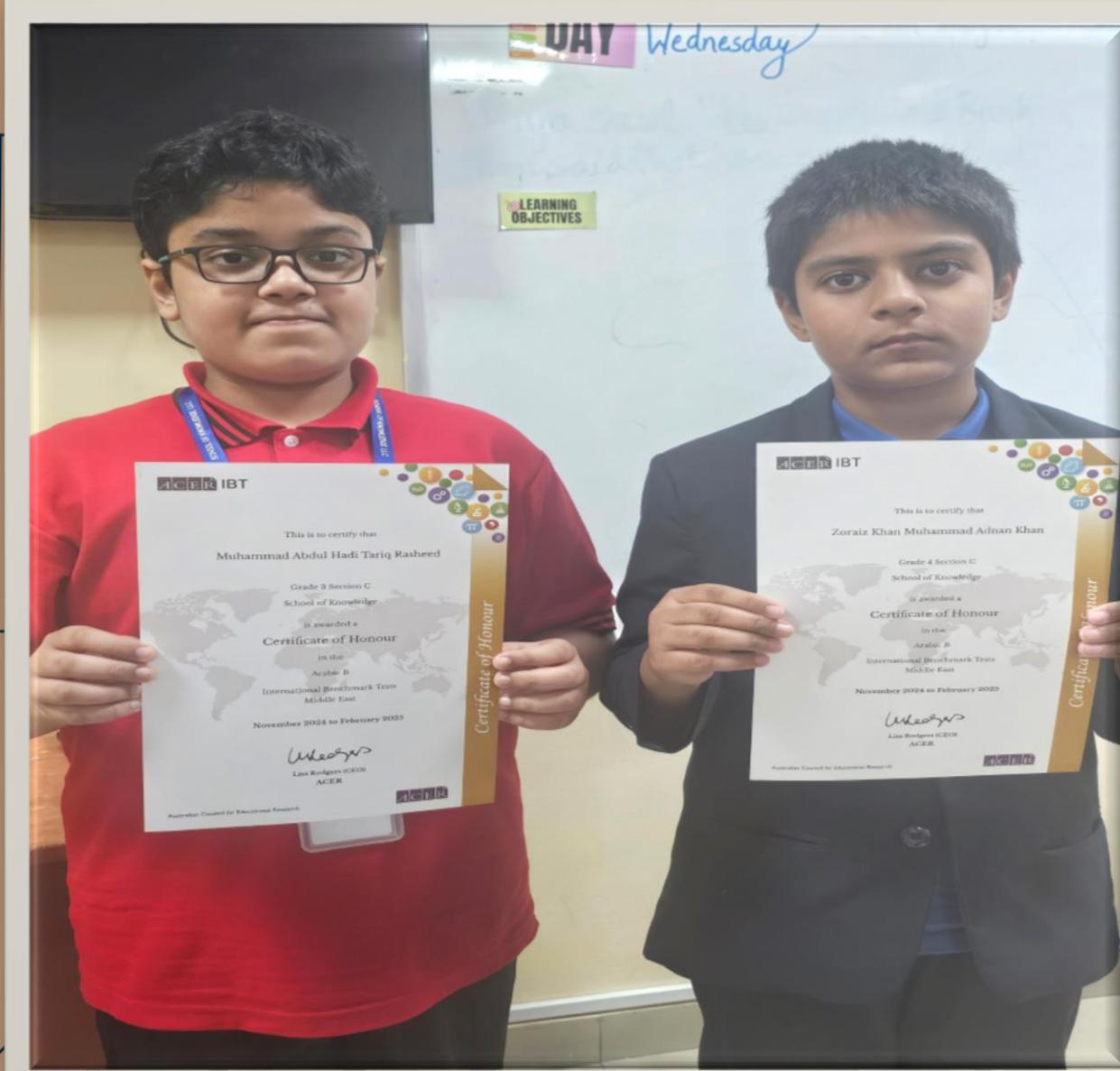
Ershad workshop





IBT

Students Certificates



الربط بالعالم الخارجي

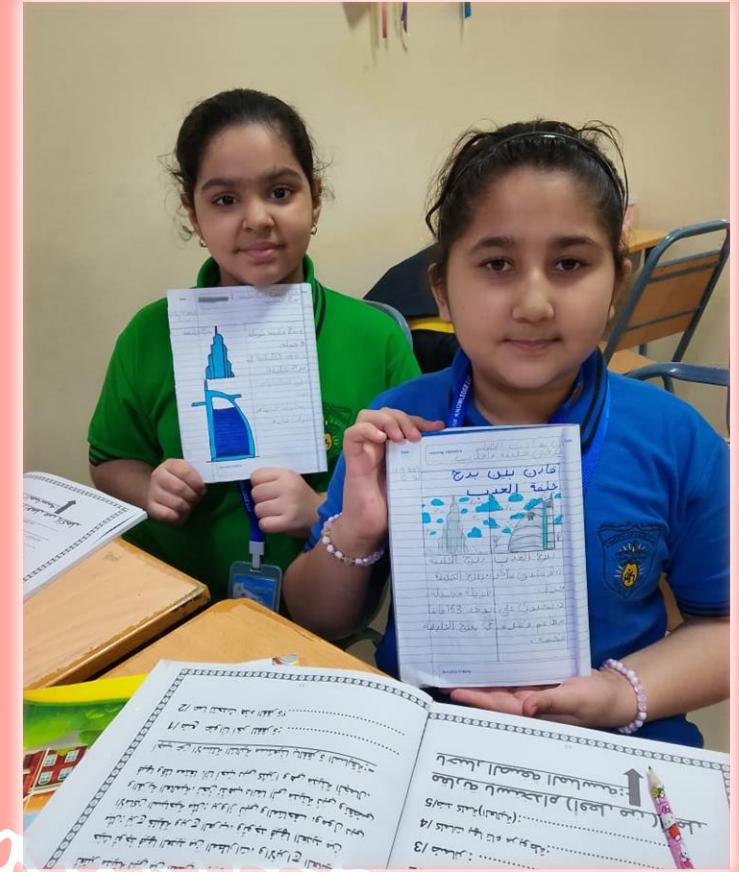
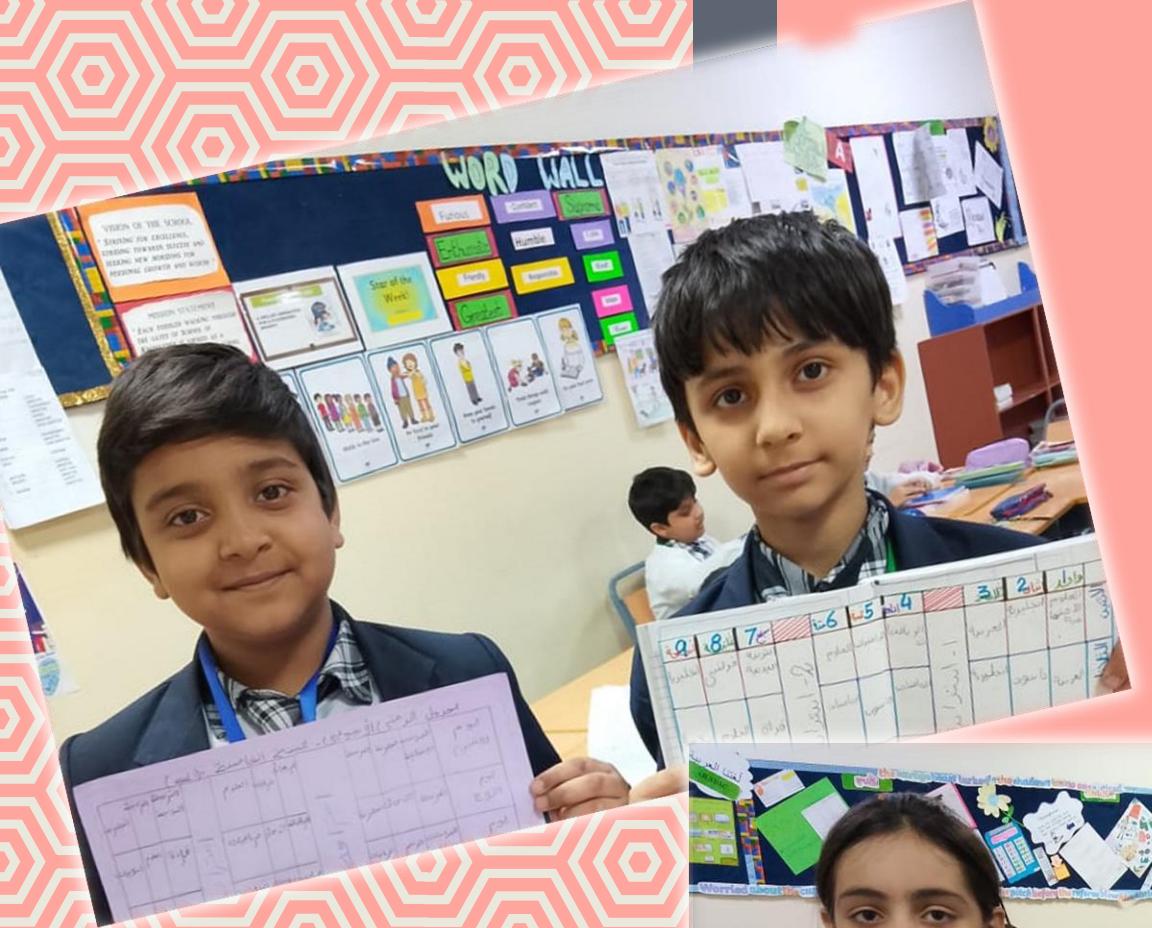
Real world applications





أعمال الطلاب

Students work



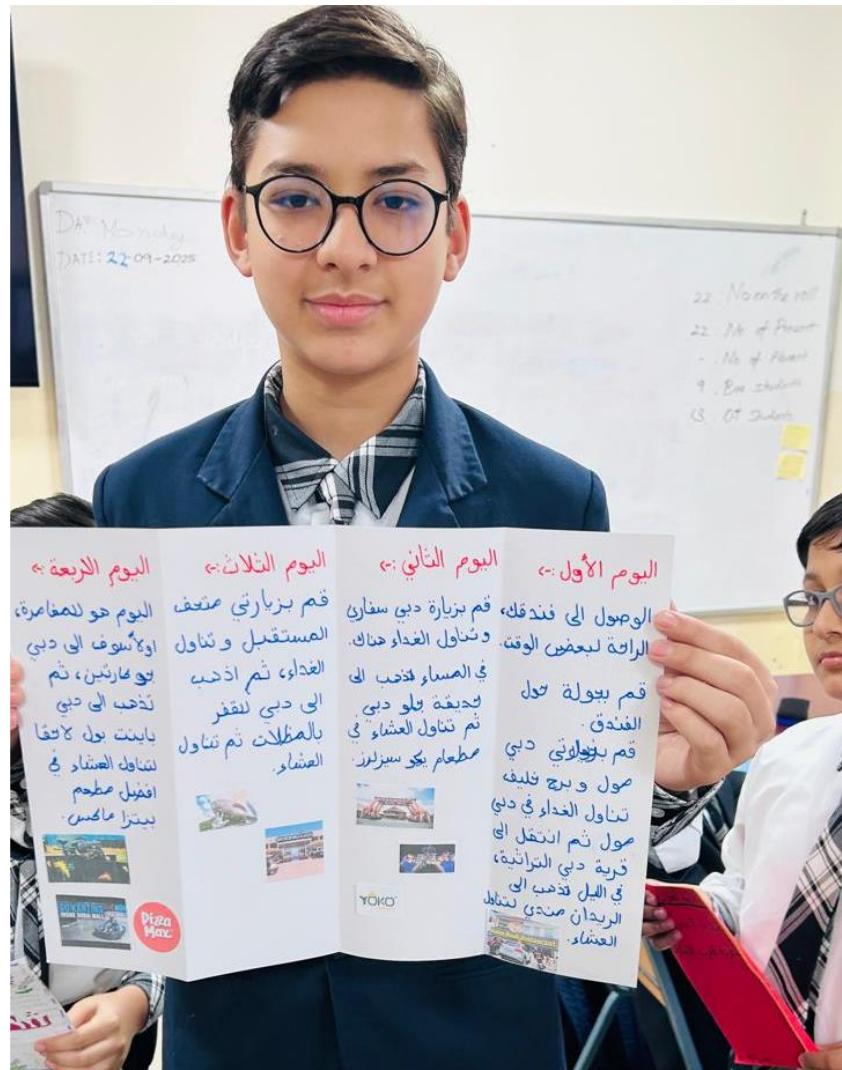
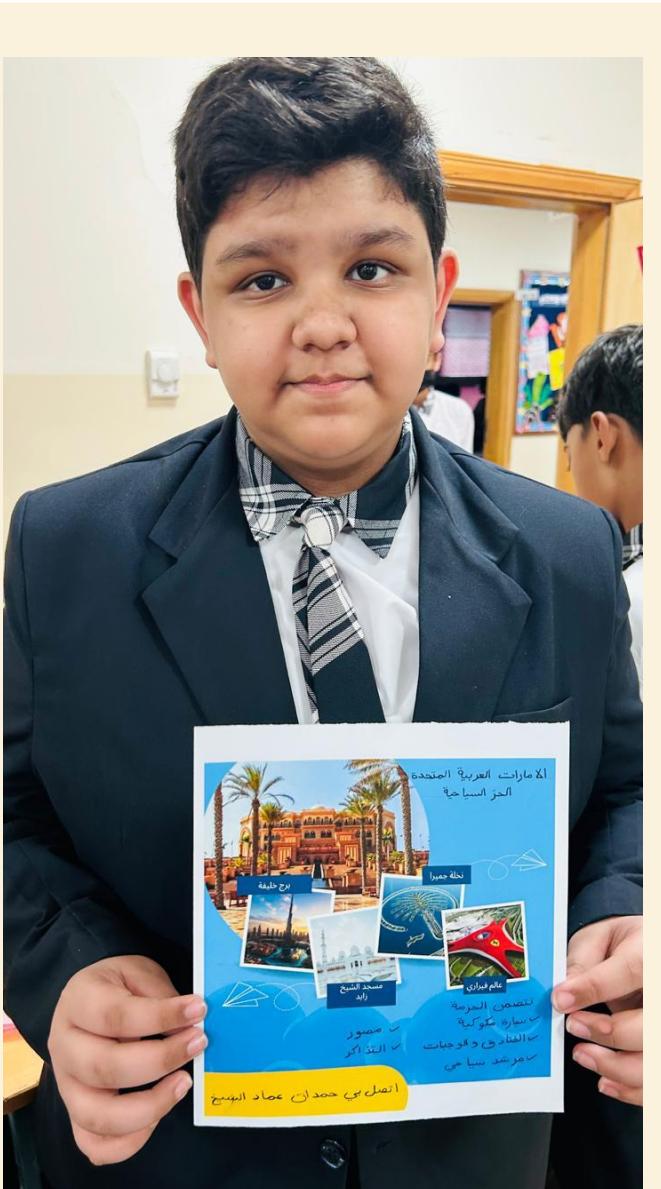


إ استراتيجيات التعليم النشط

Active learning
strategies

الربط بثقافة دولة الإمارات العربية المتحدة

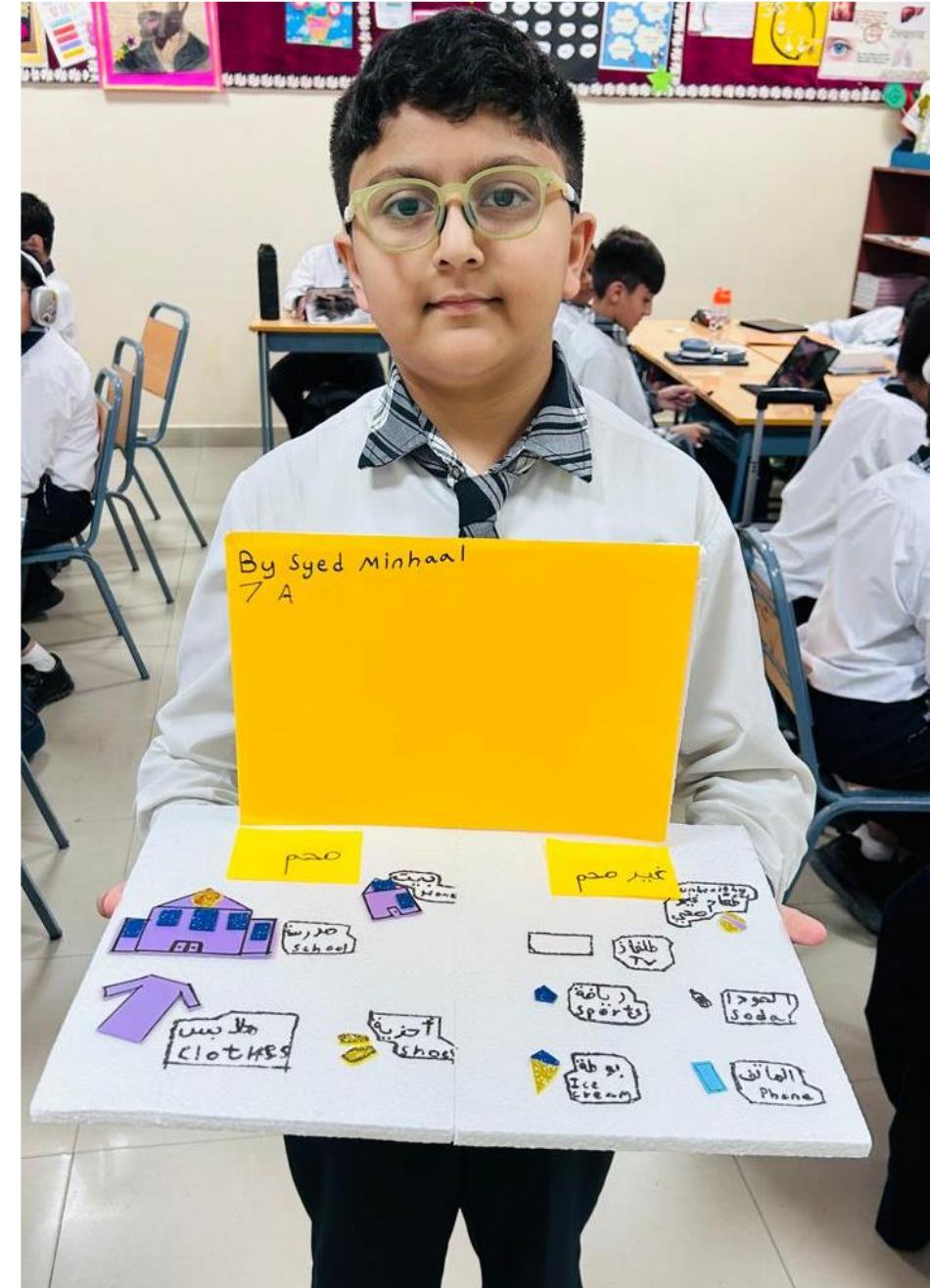
UAE links





التعلم القائم على المشاريع

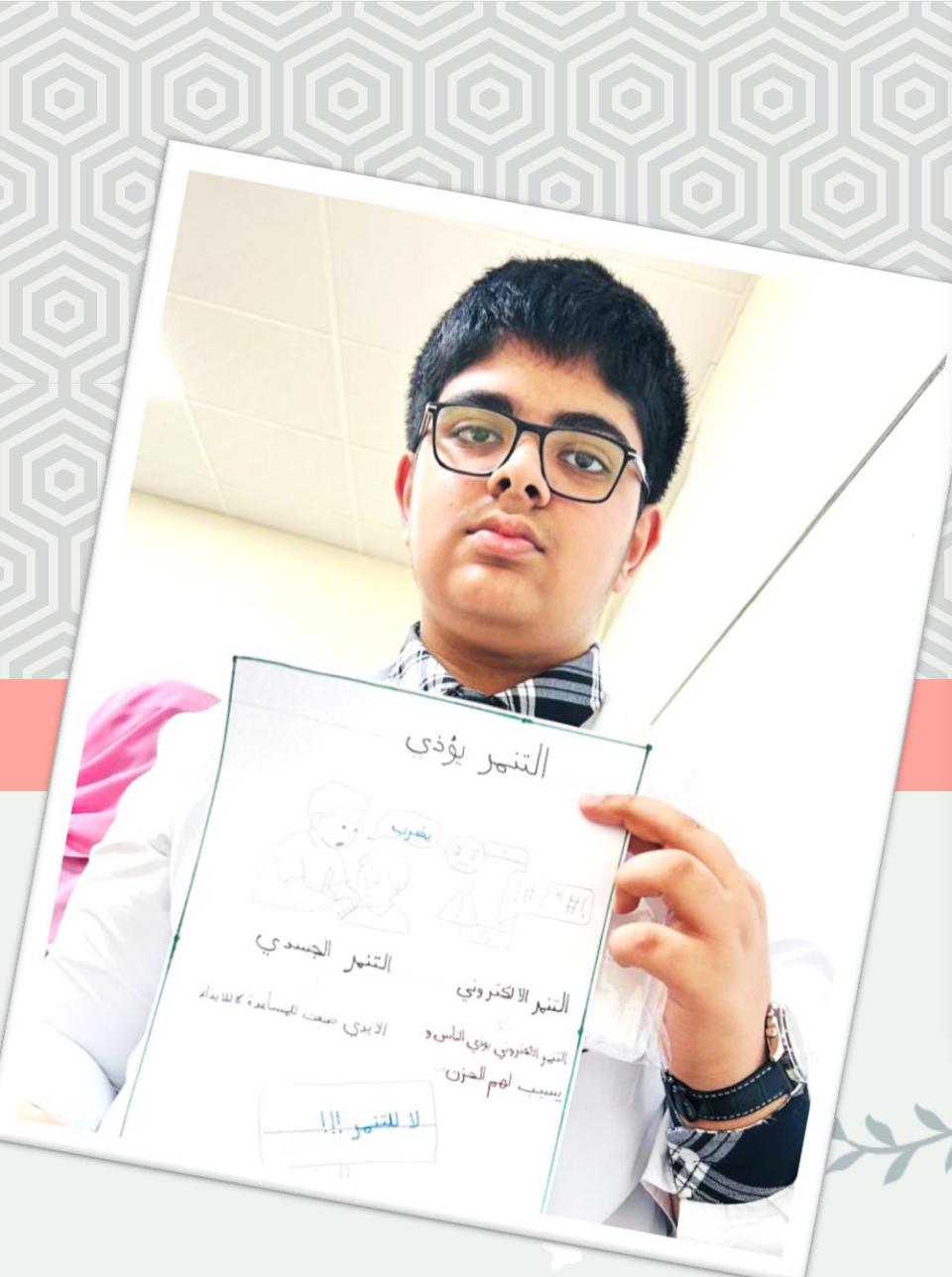
Project based learning



تشجيع الطلاب على القراءة في المكتبة

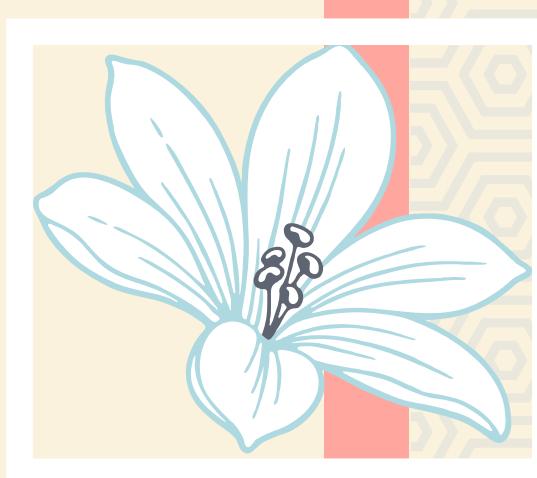
Encourage reading in the
library







Students actively participated in their Urdu class, practicing reading and writing while building vocabulary and confidence in the language.





In the French language class, students explored new words and practiced pronunciation in a fun way.





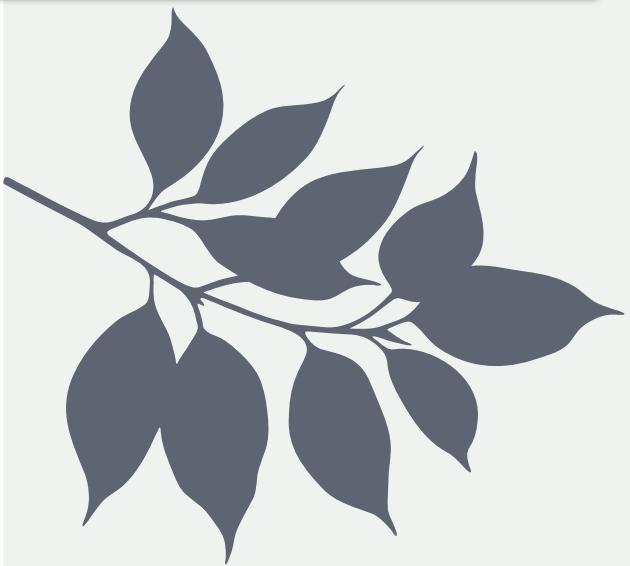
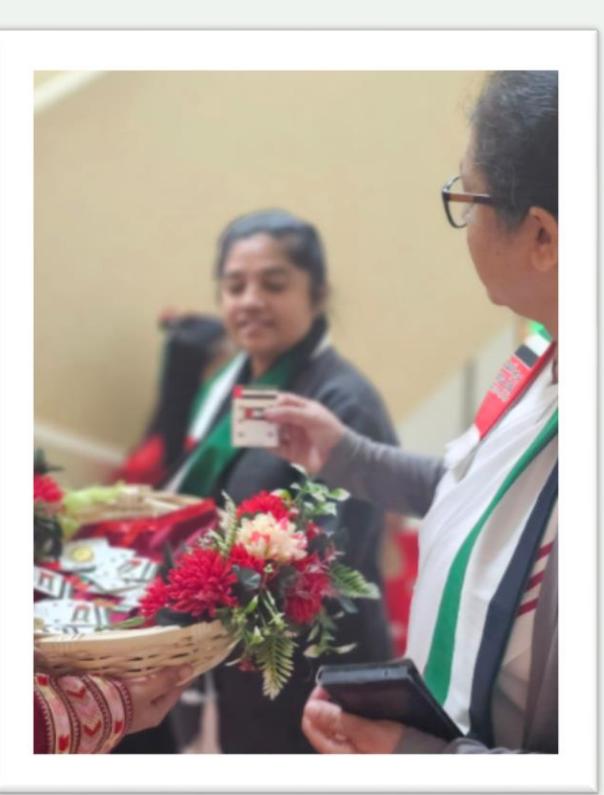
Students participated in engaging French language activities, learning basic greetings and simple conversations.



Students actively engaged in their class activities, showing enthusiasm, teamwork, and creativity. It was wonderful to see them learning through hands-on tasks and applying their knowledge with confidence.



Students warmly welcomed the Principal, Sisters, Coordinator, and Teachers during the **UAE National Day** celebrations, celebrating national pride together.



Students and staff came together to celebrate UAE National Day with enthusiasm and pride. Through performances, activities, and displays of the national colours, everyone honoured the heritage, culture, and achievements of the nation.





Students celebrated **UAE National Day** with a special assembly, showcasing performances, speeches, and cultural presentations. The assembly highlighted national pride, heritage, and the achievements of the UAE.

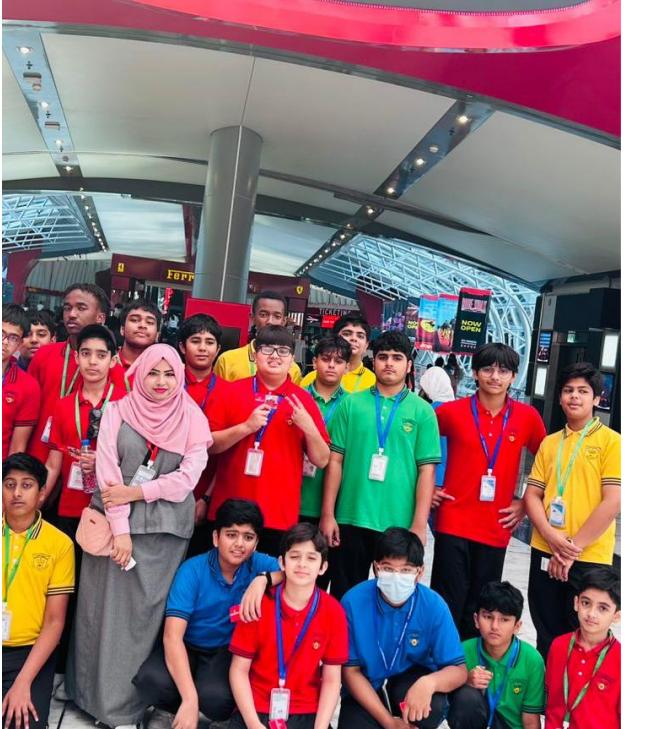




Ferrari World Abu Dhabi



The trip to **Ferrari World Abu Dhabi** was filled with energy and excitement as students explored the park, bonded with friends, and created wonderful memories.



Ferrari World Abu Dhabi



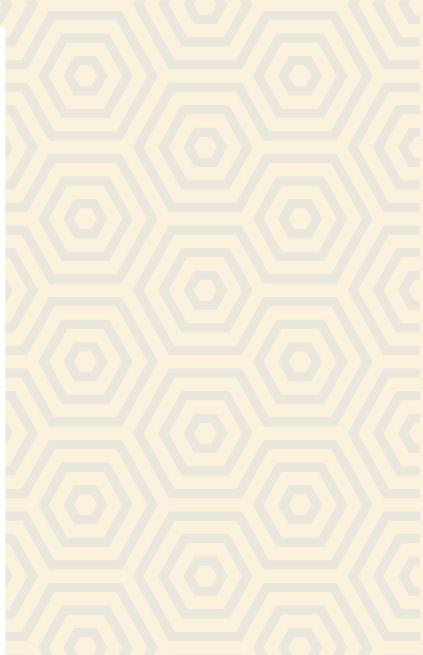
Our students had an amazing day at **Ferrari World Abu Dhabi**, enjoying world-class rides, entertainment, and a joyful learning experience outside the classroom.



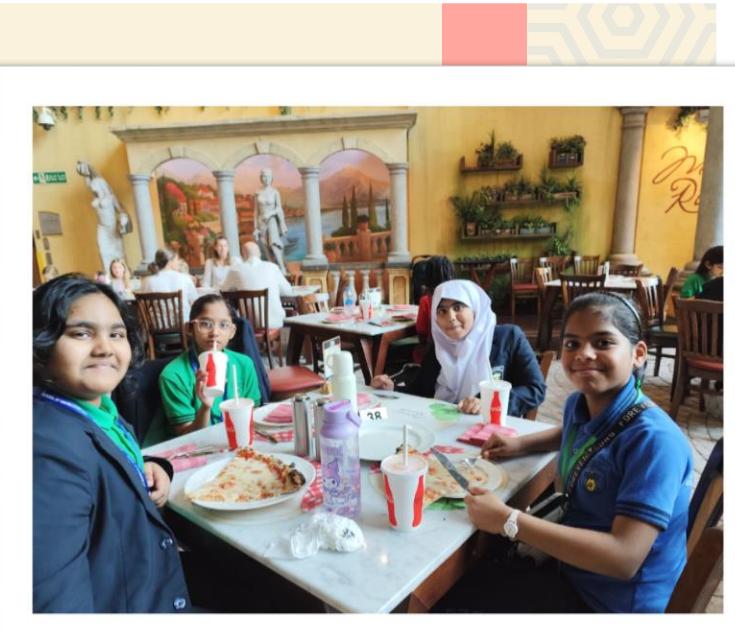


Ferrari World Abu Dhabi

The visit to **Ferrari World Abu Dhabi** gave students a chance to explore, learn, and have fun together. Their smiles and excitement made the trip truly unforgettable.



*Students enjoyed an exciting and memorable trip to **Ferrari World Abu Dhabi**, experiencing thrilling rides, fun attractions, and a day full of adventure.*





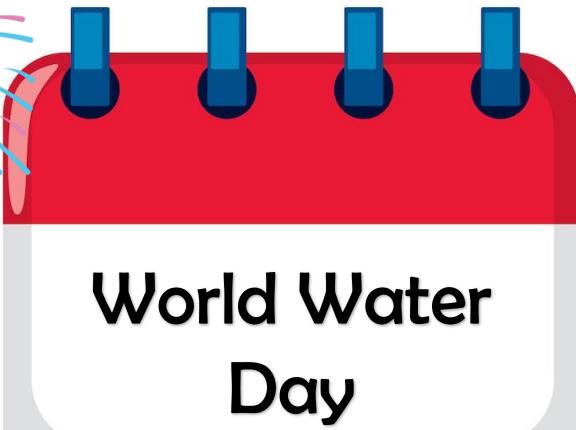
Happy New Year



MODEL
MAKING
COMPETITION
YR 5-9



SUDOKU
TOURNAMENT
YEAR 5-9



World Water
Day



NATIONAL
READING
MONTH

Up coming events



That's all for this edition of our school newsletter!
We hope you enjoyed reading it as much as we enjoyed
putting it together for you. See you all in the next edition.
Until then, goodbye and God bless!

Happy Holidays!



THANK YOU!